

Knowledge, Identity, and Transformation: The New Creation Life

A Journey from Striving to Being

Based on the revelatory teachings of Pastor Lizz

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Knowledge, Identity, and Transformation: The New Creation Life is a book that aims to guide believers in their spiritual journey. It provides insights into the finished work of the cross, the new covenant, and the believer's identity in Christ. The book is divided into four parts, each exploring a different aspect of the new creation life. The first part lays the foundation for transformation, the second part delves into the battleground of the mind, the third part explores the believer's true identity in Christ, and the fourth part provides practical steps for living the transformed life.

Introduction: The Journey from Striving to Being

So many of us begin our walk with Christ full of passion and zeal, only to find ourselves years later feeling weary, defeated, and stuck. We love God, we believe the Bible, and we try our best to live a life that pleases Him, yet we still struggle with the same habits, the same negative thought patterns, and the same mountains that seem to refuse to move. We pray more, we fast, we serve, we try to muster up more faith, and yet true, lasting change feels just out of reach. It is a frustrating cycle of striving, failing, and trying again, and it leaves many believers wondering, "Is this all there is to the Christian life?"

What if the answer to this struggle was not to *do* more, but to *know* more? What if the path to transformation was not a ladder of human effort we must climb, but a truth we must discover? What if victory was not something we fight *for*, but a reality we must awaken *to*?

This book is an invitation to step off the exhausting treadmill of religious performance and into the glorious rest of the finished work of Jesus Christ. It is a journey from striving to being. Over the next twelve chapters, we will dismantle the old covenant mindsets of effort, earning, and behavior management that have kept so many

believers in a state of weakness and condemnation. We will replace them with the powerful, grace-filled truths of the new covenant: the truth of your new identity, the truth of God's constant and unchanging provision, and the truth of a transformation that flows effortlessly from a renewed mind.

Drawing from the revelatory teachings of Pastor Lizz, we will explore the profound difference between the saved spirit and the soul that is being saved. We will uncover the secret of the "implanted Word" and learn how to agree with the truth that is already within us. You will discover that God is not waiting for you to change; He is waiting for you to recognize the change that has already occurred in your spirit at the new birth. This is not a book of rules or another list of things you must do. This is a book of revelation. It is a guide to understanding who you already are in Christ, and from that place of knowledge, watching your life transform from the inside out.

If you are tired of striving and ready to start living from a place of rest, power, and freedom, then this journey is for you. It's time to discover the new creation life.

PART ONE: THE FOUNDATION OF TRANSFORMATION

Chapter 1: The Problem of Ignorance

One of the most tragic verses in the Old Testament is found in the book of Hosea: "My people are destroyed for lack of knowledge" (Hosea 4:6). It is a heartbreaking statement from the Father. He is not saying His people are destroyed because of a powerful enemy, a lack of resources, or a failure in His ability to save. They are destroyed for a simple, devastating reason: they do not know Him, and they do not know what He has provided.

This same tragedy is playing out in the lives of countless believers today. We have been given everything we need for life and godliness through our knowledge of Him who called us by His own glory and goodness (2 Peter 1:3). The deposit of God in us is complete, lacking nothing. And yet, as Pastor Lizz taught, "Having is not enough. The deposit of God in you is not enough without your knowledge." A believer can be sitting on a treasure chest of divine power, grace, and provision, yet live like a pauper, defeated and weak, simply because they are ignorant of what they possess.

Ignorance makes believers captive. It is the breeding ground for doubt, fear, and weakness. Many of the problems we encounter, the mountains that seem insurmountable, and the prayers that feel unanswered are not a result of God's unwillingness, but of our own ignorance. We have been made partakers of the divine nature, yet we live in dependence on the flesh and what the world offers. We have been given a constant, unchanging solution in Christ, yet we are tossed to and fro by the size and scale of our problems. An ignorant believer, Pastor Lizz warns, actually blocks the manifestation of God's will from taking place in their life.

The strongest person is not the one who prays the loudest or serves the most; the strongest person is the one who *understands* what they have. It is knowledge—a deep, intimate, revelatory knowledge of God's character and His provision—that informs whether we will use the power we have been given. You can have a billion dollars in your bank account, but if you don't know it's there, you will live in poverty. In the same way, you can have the resurrection power of Christ dwelling in you, but if you are ignorant of that reality, you will live a defeated life.

This is why the journey of transformation must begin here. Before we can talk about renewing the mind or walking in our identity, we must first confront the devastating cost of ignorance. We must make a quality decision to no longer be destroyed for a lack of knowledge. We must commit ourselves to learning the provision of God and the inheritance of the saints in the light, so that we can finally know how to go on with our lives in the victory that has already been won for us. The simplicity and power of your Christian life lie in your knowledge concerning God. It's time to learn what you have.

Chapter 2: The Constant Provision of God

Imagine you have a special faucet in your home. This faucet is not connected to the city water supply; it is connected directly to an infinite, underground spring of the purest water imaginable. This spring never runs dry, its pressure never falters, and its quality is always perfect. Now, would you turn on this faucet just a trickle for a small glass of water, and then blast it open with all your might for a large bucket? Of course not. The thought is absurd. You would simply turn the handle, and the water would flow out with the same constant, abundant pressure, regardless of the size of the container you are filling. The provision is constant.

This is precisely how God's grace and power operate, yet it is the opposite of how most believers live. We have been trained by religion and our own unrenewed minds to believe that the size of our problem dictates the amount of power we need from God.

We face a small headache and whisper a small prayer. We face a terrifying diagnosis and we begin to wail, fast, and rally prayer chains, believing that this “big” problem requires a “big” move of God. As Pastor Lizz powerfully taught, “If you pray too much because the problem is big, then you are still a baby.”

This problem-sized faith is a product of an unrenewed mind. It is a mindset that registers the height of the mountain, the depth of the valley, and the fury of the storm. It sees the challenge as the variable that must be overcome. But in the kingdom of God, the solution is the constant. The provision is one. The power is unchanging. The grace of God that is sufficient for a Monday morning traffic jam is the exact same grace that is sufficient for the darkest night of the soul. You don’t need *more* grace for a bigger problem; you need a deeper *understanding* of the grace that is already and always sufficient.

God’s provision is not supplied according to the level of your problem; it is supplied according to the standard of the Supplier. And His standard is one of infinite, overwhelming abundance. When you stand in the word of God, you don’t register a mountain, crooked paths, or many waters. You register one solution that is equal to every challenge. The level of the problem is only registered in the mind that has not yet been renewed to this truth. It is a mind still operating on a worldly system of cause and effect, effort and reward, problem and solution-size.

This revelation is meant to bring profound simplicity and rest to your life. You can stop analyzing the scale of your challenges. You can cease from the exhausting spiritual gymnastics of trying to match your prayer intensity to your problem’s intensity. Your prayer life should be constant because your communion with the Father is constant, not because you are manipulated by problems. The solution is permanent and is supplied in accordance with the Supplier. Everything lies in the knowledge concerning God’s provisions and standards. When you truly know, deep in your spirit, that the faucet of grace is always on and always flowing with the same immeasurable power, you will stop being intimidated by the size of any empty cup. You will simply place it under the flow and watch it be filled.

Chapter 3: The Finished Work of Christ

At the very heart of the new covenant is a single, earth-shattering, religion-destroying phrase: “It is finished.” With these three words, spoken from the cross, Jesus Christ declared the end of human striving and the beginning of divine accomplishment. He

announced the completion of a work so perfect that nothing could ever be added to it. This finished work is the bedrock of our faith, the source of our identity, and the guarantee of our transformation.

To understand the finished work is to understand that everything we could ever need from God has already been provided in Christ. We do not follow God expecting Him to *give* us things; we follow Him in response to what He has *already given*. We don't pray to get God to do something; we pray from the knowledge of what He has already done. This is the fundamental shift in mentality that separates the new creation from the servant, the son from the slave.

Those who “do to get” are operating under an old covenant, servant mindset. They perform religious duties, obey rules, and offer sacrifices in the hope of earning recognition, favor, or blessing from God. Their motive is expectation. But we are no longer servants; we are sons and daughters. Our motive is not expectation, but response. We love because He first loved us (1 John 4:19). We give because He has given everything to us. We forgive because we have been freely forgiven. We worship not to get God to move, but as a reflection of the reality that He has already moved in the most profound way imaginable.

This is what it means to believe. To believe is not simply to mentally assent to a set of facts; it is to accept, acknowledge, and yield to the reality of what Christ has already accomplished. It is our response of knowing what God has already done in our lives. When we truly believe, we stop trying to earn what is already ours. We accept and embrace the righteousness of God, for it is a gift (Romans 5:17). We accept the forgiveness of sins, for it is our inheritance in Christ (Ephesians 1:7). We accept the indwelling of the Holy Spirit, for He has made His home in us (John 14:23). All about God is about acception.

This is where true grace comes in. Grace is not merely the unmerited forgiveness of our past sins; it is the active, divine power of God working in us and through us to live the Christian life. It is the power that makes us, carries us, and enables us to overcome. As God told Paul, “My grace is sufficient for you, for my power is made perfect in weakness” (2 Corinthians 12:9). This grace is not something we have to beg for; it is a constant, ever-present reality that flows from the finished work. The work is done. The victory is won. The provision is complete. Our part is not to re-do the work, but to rest in the work that is finished. It is to yield to the word of His grace and allow the reflection of what God has already done to become the reality of our daily lives.

PART TWO: THE BATTLEGROUND OF THE MIND

Chapter 4: The Mind: Your Greatest Asset or Your Greatest Enemy

If there is one central truth that emerges from Pastor Lizz's teachings, it is this: "If you win in your brain, you win in life. If you lose in your brain, you lose." Everything you see, how you do things, and the entire "how" of your life is determined by what you think. The brain is the central processing unit of your existence, the control tower from which your reality is directed. It is a tool so powerful that it can be used to create a life of victory and purpose, or it can be used by the enemy to ruin your life and drift you away from the intended will of God.

This is not hyperbole; it is a spiritual and psychological reality. The process of "brainwashing" is effective because it captures the mind and, by doing so, corrupts the way a person sees everything. It changes their perception of truth, their values, and their responses. The enemy's primary strategy against believers is not to attack their spirit, which is sealed and perfect in Christ, but to capture their mind. He seeks to sow thoughts of fear, doubt, condemnation, and inadequacy—lies that contradict the finished work of Christ. If he can get you to believe a lie in your mind, he can control your life, even while your spirit remains righteous and holy.

This is why we are commanded to be vigilant about the information that gets into our minds. Whatever information we allow in must be positive, constructive, and aligned with the will and Word of God. Look at how you view things. Look at what you talk about. Look at how you respond to life's challenges. All of it is a product of your mind. A mind that is not subjected to the Word will inevitably lead to a wrong life, a life of defeat and frustration. You will never go wrong with the Word. It is the ultimate filter, the ultimate source of truth that recalibrates our senses and changes the way we respond to people, challenges, and circumstances.

Many believers live a defeated life because they are passive about their thought life. They treat their mind like a public park, allowing any thought to wander in and set up camp. But the Bible commands us to take every thought captive to the obedience of Christ (2 Corinthians 10:5). This is not a suggestion; it is a command for spiritual warfare. We have a responsibility to act as the gatekeepers of our minds, to challenge thoughts at the door and demand to see their identification. Does this thought align with the Word of God? Does it affirm my identity in Christ? Does it speak of victory or defeat? If it is not from God, it has no right of entry.

Your mind is either your greatest asset, a powerful tool for manifesting the will of God, or it is your greatest enemy, a Trojan horse allowing the enemy to wreak havoc in your soul. You cannot afford to be neutral. You must choose to protect your mind, to subject it to the Word, and to allow the truth of God to be the only voice that has authority in your thinking. The battle for your life is won or lost in the six inches between your ears. It's time to secure the victory.

Chapter 5: The Renewal Process

The Apostle Paul gives us the master key to transformation in his letter to the Romans: “Do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God” (Romans 12:2). This single verse contains the entire process, the promise, and the purpose of the Christian life. Let's break it down.

First, notice the command: “Be transformed.” This is not a suggestion. It is the expected state of a believer. But how? Not by trying harder, not by willpower, but “by the renewing of your mind.” This is the engine of transformation. As Pastor Lizz taught, this is a “present continuous/active verse.” It is not something that happened once at salvation, nor is it something we do only when we feel like it. It is a daily, moment-by-moment process that we must actively engage in. It poses a responsibility on us to continually subject our minds to the Word of God.

A mind that is not being renewed is, by default, being conformed to the patterns of this world. There is no neutral ground. This is why a mind that is not renewed is a defeated mind. It will always default to fear, lack, logic, and sight. The renewal of the mind is what brings us into the perfect will of God, allowing us to see as He sees and think as He thinks.

But what does this renewal process actually feel like? Is it a blissful, easy journey? Not always. Pastor Lizz insightfully points to the prophet Jeremiah's experience with the Word: it was sweet like honey in his mouth, but bitter in his stomach (Jeremiah 15:16, Ezekiel 3:3, Revelation 10:10). The revelation of God's grace is sweet to our spirit. It is the good news we have longed for! But when that same Word gets down into our soul—our mind, will, and emotions—it often becomes “bitter.” Why? Because it demands that we deny ourselves. It demands that we let go of our cherished opinions, our comfortable habits of thinking, our pride, and our self-reliance. This is the “loss” we must go through, the “dying to self” that is the unavoidable cost of a renewed mind. The Word of God must win over everything, including our own logic and feelings.

Transformation is not easy in the sense that it is a passive float down a lazy river. It requires a decision. It is the act of denying the supremacy of your own thoughts and feelings and allowing the Word of God to take its rightful course. It is a yielding, an agreement, a surrender. The Word wants to do its work in you, but you must agree with it. Before you start thinking weirdly, before you let anxiety or fear take root, you must subject your thoughts to the Word of God. This agreement is not a future event; it is now, active, and continuous. The Word is there. We need to agree with it. As we do, the mind is renewed, and transformation becomes the inevitable, glorious result.

Chapter 6: Understanding Over Effort

Perhaps one of the most misunderstood passages in the entire New Testament is the Apostle Paul's reference to his "thorn in the flesh" in 2 Corinthians 12. For centuries, this verse has been used to justify the idea that God gives us sickness, hardship, or weaknesses to keep us humble. It has created a theology where God is the author of our pain, using it to teach us lessons. This, as Pastor Lizz makes clear, is a dangerous religious misunderstanding.

The thorn was not authored by God; Paul explicitly calls it a "messenger of Satan" sent to torment him. It was a strategy of the enemy. The religious mind, however, cannot reconcile a powerful God and a suffering apostle, so it concludes that God must be *using* the suffering for a good purpose. But God does not use weakness, sickness, and torment to show that He is powerful. He demonstrates His power by fixing the weak areas in us, by healing our sickness, and by delivering us from torment so that His power can be made visible *through* us.

Now, consider God's response when Paul pleaded for the thorn to be removed. Did God say, "No, Paul, you need this to stay humble"? Absolutely not. He said, "My grace is sufficient for you, for My power is made perfect in weakness." This was not a refusal; it was a revelation. God did not change the situation by removing the external problem. He changed Paul by giving him a greater *understanding* of how His grace and power function. He wanted Paul to have a different understanding of Him so that Paul himself could deal with the situation.

The "weakness" God's power is perfected in is not sickness or sin; it is the weakness of the flesh, the weakness of human effort and self-reliance. God's power is perfected when we cease from our own striving and learn to have complete trust and confidence in His grace alone. God was encouraging Paul to stop taking confidence in his own

ability to solve the problem and to instead rely on the sufficiency of God's ever-present grace.

This is a paradigm shift for most believers. We are conditioned to think that change requires more effort. If we want to see a breakthrough, we must pray longer, fast more, or do something different and extra. But as this teaching reveals, true change is not about adding more time or effort; it is about the content, knowledge, and understanding of our faith. It is not about lengthening our prayers, but about deepening our understanding of who God is, what He does, and His character.

Change happens when our understanding changes. The more you understand God, the more you will be renewed and bear fruit. The more you repent—which simply means to change your mind and see things from God's perspective—the more visible the change will be in your life. Christ Himself is the understanding of God in us (1 John 5:20). The more you yield to Christ, the more you are yielding to divine understanding, and change becomes inevitable. Let us have this mindset: even when we pray, what we are asking for is for God to change our understanding so that we can handle the situations from a place of His power, not our own.

PART THREE: YOUR TRUE IDENTITY IN CHRIST

Chapter 7: Born of Incorruptible Seed

Who are you? This is the most fundamental question of human existence, and for the believer, the answer is the most glorious reality imaginable. The Apostle Peter gives us the stunning truth: we have been “born again, not of corruptible seed but incorruptible, through the word of God which lives and abides forever” (1 Peter 1:23). Let the weight of that statement settle in your spirit. Your new birth was not a renovation of your old self; it was a complete recreation. You were not born of a flawed, decaying, sinful seed, but of a perfect, eternal, divine seed: the Word of God Himself, Jesus Christ.

This means that your new nature, the very core of who you are in the spirit, is not human; it is divine. It is the nature of the Word. You are, at your deepest level, made of the same incorruptible substance as God Himself. This is why the Bible can boldly declare that you are a partaker of the divine nature (2 Peter 1:4) and that as He is, so are you in this world (1 John 4:17). This is not a future promise; it is a present reality in your spirit.

This brings us to another critical revelation from Pastor Lizz, centered on James 1:21: “receive with meekness the implanted word.” We often read this as if the Word is something external that we must try to plant inside ourselves. But the word “implanted” means it is already there! It is innate, inbred, and part of your very nature from the new birth. The Word is the measure of God inside you; it is Christ. It is not an information from the outside, but a revelation on the inside.

So, what does it mean to “receive” it? It means to accept, acknowledge, embrace, and allow what is already inside you to take shape in your soul. Receiving is using what you already have. It is aligning yourself with the identity you already possess. It is looking in the mirror of God’s Word and saying “Amen” to the reflection it shows you—the reflection of a righteous, holy, and complete new creation.

This is the foundation of identity-based transformation. It is not about trying to become something you are not; it is a calling to come to understand who you already are. You must be a learner and a reader of the epistles, from Romans to Jude, for this is where the documentation of what is inside your spirit is found. The more you learn and bring in this knowledge of your true identity, the more you are empowered to put off that which is not in line with your new nature. You learn more of the light, and the darkness naturally sheds off. You learn more of the good, and the evil will fade away. In knowing your true identity, confusion, and condemnation must flee. It is all about knowing what you have become, which will cause everything contrary to that nature to fall away.

Chapter 8: Laying Aside What Doesn’t Fit

Building on the foundation of our new nature, we come to one of the most practical and liberating truths in the New Testament. James 1:21 begins, “Therefore lay aside all filthiness and overflow of wickedness...” For centuries, this has been interpreted as a command to clean up our act, to stop sinning through sheer willpower, and to make ourselves presentable to God. It has been used as a verse of condemnation, a constant reminder of our failures. But when viewed through the lens of the new creation, its meaning is transformed from a burden of performance into a declaration of identity.

As Pastor Lizz explains, “Laying aside is not cleaning up yourself to be accepted. Laying aside means you put off what no longer fits who you are.” This is a profound distinction. You are not a dirty person trying to get clean; you are a clean person learning to lay aside a dirty garment that doesn’t belong to you. You cannot clean up

yourself. But you can, and must, put off what you have put on that is not in line with the nature of God within you.

Think of it this way. If you are a royal prince, and you find yourself wearing a beggar's rags, what do you do? You don't try to wash the rags or patch them up. You simply take them off, because they do not align with your royal identity. You lay them aside because you are royalty. In the same way, we lay aside filthiness and wickedness *because* we are the righteousness of God in Christ Jesus. We are already clothed with the garment of the nature of God. Therefore, anything that does not align with that nature—a thought of lust, a word of anger, an attitude of fear—is a foreign garment. It doesn't fit who we are. Our job is not to scrub the garment, but to simply take it off.

This is what James is advancing from the teachings of the Apostle Paul. It is the practical “so what?” of our new identity. Because we have received the nature of God, we are now called to do away with anything that doesn't align with it. This is not behavior modification; it is identity-based transformation. It is a process of subtraction, not addition. We don't add more rules and efforts; we subtract the lies and behaviors that are inconsistent with our true selves.

How do we do this? By focusing on the positive. As Pastor Lizz taught, “We learn more of the positive and the negative slides off. We learn more of the light and darkness sheds off.” You don't fight darkness by shoveling it out of a room; you fight it by turning on the light. In the same way, you don't overcome sin by focusing on the sin; you overcome it by focusing on your righteousness in Christ. You don't overcome fear by fighting the fear; you overcome it by focusing on your identity as a beloved child of God. The more you learn about who you are in Christ, the more the old ways of thinking and behaving will simply “slide off.” They lose their power and their appeal because they no longer fit the person you have become.

Chapter 9: Spirit vs. Soul: The Key Distinction

If there is a single revelation that can instantly liberate a believer from the chains of condemnation, guilt, and performance-based religion, it is the distinction between the spirit and the soul. Without this understanding, the Christian life becomes a confusing and frustrating experience of contradictions. One moment you read that you are a new creation, holy and righteous, and the next moment you are confronted with a sinful thought or a selfish emotion. This apparent conflict leads many to doubt their salvation or to live in a constant state of spiritual anxiety. The key to freedom lies in understanding what happened at the new birth.

When you were born again, your spirit—the real you, the core of your being—was instantly and permanently made perfect. It was fused with the Spirit of Christ, becoming one with Him (1 Corinthians 6:17). In that moment, your spirit was made 100% righteous, 100% holy, and 100% complete. It lacks nothing. It is seated in heavenly places with Christ Jesus. Your spirit is **already saved**. It cannot be improved upon, it cannot get more saved, and it cannot be corrupted.

Your soul, however, is a different story. The soul is the realm of your mind, your will, and your emotions. It is the part of you that was programmed by your old life—by the world, your upbringing, religion, and generational patterns. Your soul is where your old mindsets, your fears, your insecurities, and your fleshly appetites reside. While your spirit is perfect, your soul is in process. This is why James, speaking to born-again believers, says to receive the implanted word which is able to **save your souls** (James 1:21).

He is not talking about saving their spirits; their spirits are already saved. He is talking about an ongoing salvation, a deliverance of their souls. From what? From the corruption of a wrong mindset, from the bondage of religious thinking, from the influence of generational curses, from the torment of fear and anxiety. The gospel, the Word of God, is the tool that reshapes how we think and how we respond. The more you identify with the truth of God's Word—the truth of who you are in your spirit—the more you “save” your soul. You are delivering it from the lies that have held it captive.

This is the most liberating truth a believer can grasp. When you have a wrong thought, it is not your spirit that is sinning; it is your unrenewed soul bringing up an old pattern. When you feel fear, it is not your righteous spirit that is afraid; it is your soul reacting based on old information. Understanding this allows you to stop condemning yourself. Instead of saying, “I am such a terrible Christian,” you can learn to say, “That is just a thought from my unrenewed mind. It is not who I am. I am the righteousness of God in Christ.”

This distinction is not an excuse for sin, but the very power to overcome it. It allows you to dis-identify from the sin and identify with your righteous nature. The more you accept the Word with meekness, the more you renew your mind, and the more you save your soul from being corrupted. The goal of the Christian life is to bring the soul into complete alignment with the spirit, so that the perfect, holy, and powerful reality of your spirit becomes your consistent, daily experience in your mind, will, and emotions.

PART FOUR: LIVING THE TRANSFORMED LIFE

Chapter 10: From Knowing to Agreeing

We have established that the foundation of transformation is knowledge—the knowledge of the finished work, of God’s constant provision, and of our true identity in Christ. We have seen that this knowledge is the weapon that renews the mind. But knowledge alone is not enough. There is a vital, active step that bridges the gap between knowing a truth in your head and experiencing it in your life. That step is **agreement**.

The Word of God is not a passive force. As Pastor Lizz taught, “The Word wants to do you, but you must agree with it.” It is a seed, full of divine potential, but it requires the soil of an agreeing heart to germinate and produce fruit. This is what James meant when he said to “receive with meekness the implanted word.” Meekness, in this context, is not weakness; it is a humble willingness to surrender your own opinions, feelings, and logic and to accept God’s Word as the final authority. It is the act of saying “Amen” (So be it) to what God has declared is true about you.

Agreement is an active, conscious choice. It is the practical application of renewing your mind. When a thought of fear enters your mind, you must actively disagree with it and agree with the Word that says, “God has not given me a spirit of fear, but of power and of love and of a sound mind” (2 Timothy 1:7). When feelings of condemnation try to overwhelm you, you must disagree with them and agree with the Word that says, “There is therefore now no condemnation to those who are in Christ Jesus” (Romans 8:1). When your circumstances scream lack, you must disagree with them and agree with the Word that says, “My God shall supply all your need according to His riches in glory by Christ Jesus” (Philippians 4:19).

This is not a mental game of positive thinking. It is a spiritual act of aligning your soul with the reality of your spirit. You are taking what is true in the unseen realm—your righteousness, your completeness, your victory—and enforcing it in the seen realm of your thoughts and emotions. This is your participation in the work of salvation. God has done His part; the work is finished. Your part is to agree with the finished work.

This agreement must be verbal. There is power in speaking the Word out loud. When you declare, “I am the righteousness of God,” you are not trying to convince God; you are reminding your own soul of the truth. You are subjecting your thoughts to the authority of the Word. This is how you “count losses for the sake of knowing Christ.”

You count your own opinions, your feelings, and your logical objections as loss in comparison to the surpassing worth of agreeing with Him.

This is the soul section which calls you to agree with the Word of God. If you need growth, agree with the Word. If you need freedom, agree with the Word. If you need to see change, agree with the Word. The Word is there. It is implanted. It is alive and powerful. Let us be aligned with the Word, stay in the Word, and most importantly, agree with the Word. As you do, you will find that the Word will, indeed, “do you”—it will transform you effortlessly from the inside out.

Chapter 11: The Simplicity of the Gospel

After journeying through the profound truths of identity, mind renewal, and the finished work, we arrive at a beautiful and restful destination: simplicity. The gospel of the new covenant is not complicated. It is not a complex system of rules, rituals, and spiritual gymnastics. It is, at its heart, profoundly simple. The reason many of us find the Christian life to be a struggle is that we have allowed religion to complicate what God has made simple.

What is this simplicity? It is this: Everything you need, you already have in Christ. The Christian life is not a journey of *attaining*, but of *abiding*. It is not a process of *becoming*, but of *beholding*. It is not about striving, but about resting in the finished work of another.

Consider the core truths we have uncovered. The provision of God is constant. The solution is one. Your spirit is perfect. The Word is implanted. Your identity is righteousness. Notice the theme: it is all in the past tense. It is done. It is finished. It is already yours. The simplicity of your life, as Pastor Lizz taught, lies in the knowledge concerning God. The more you know what has already been done, the less you will strive to do.

Religion, on the other hand, is always about the future tense. It tells you that you *can be* righteous if you try hard enough. You *can get* God to move if you pray long enough. You *can become* holy if you follow the rules. This future-tense, performance-based system is what creates the struggle, the condemnation, and the weariness that so many believers experience. It is a return to the law, a system that Paul calls a ministry of death and condemnation (2 Corinthians 3).

The grace of the new covenant brings us into a ministry of the Spirit and of righteousness. It is a ministry of rest. We rest from the work of trying to justify ourselves, because we have been made the righteousness of God in Christ. We rest from the work of trying to perfect ourselves, because we are complete in Him. We rest from the work of trying to get God's attention, because we are His beloved children in whom He is well pleased.

This does not mean we become passive. Our part is to learn, to know, to renew our minds, and to agree with the truth. But this "work" is a work of rest. It is the work of ceasing from our own dead works and entering into His finished work (Hebrews 4). It is the work of yielding to the word of His grace and prayer. It is the work of simply responding to what Christ has done.

If your Christian life feels complicated, burdensome, or exhausting, it is a sign that you have drifted from the simplicity that is in Christ. It is time to come back to the basics. You are a beloved child of God. You are fully equipped. You are complete in Him. Your part is to know this truth, to renew your mind to it, and to walk in the light of it. That is the simple, beautiful, and powerful reality of the new creation life.

Chapter 12: Walking in Newness of Life

Our journey through knowledge, identity, and transformation culminates in this final, glorious purpose: walking in newness of life (Romans 6:4). This is where the rubber meets the road, where the profound truths of our inner reality become the visible expression of our outer lives. This is the manifestation of God's will, the fruit of a renewed mind and a soul being saved.

Transformation that flows naturally from identity is the hallmark of the new covenant. Under the old covenant, the order was outside-in: follow the rules, modify your behavior, and maybe, just maybe, your heart will eventually change. This is behavior management, and it is an exhausting and fruitless endeavor. The new covenant operates on a completely different, inside-out principle: recognize who you are in your spirit, renew your mind to that truth, and your behavior will change naturally and effortlessly to align with your true identity.

When you know you are the righteousness of God, you will begin to act righteously, not to become righteous, but because it is your nature. When you know you are a beloved child of the Father, you will stop striving for acceptance and begin to live from it. When

you know that the constant provision of God is yours, you will cease from anxiety and begin to walk in a spirit of peace and generosity. This is not a matter of trying; it is a matter of being. You are simply living out the truth of who you have become.

This is our participation. We are not passive observers in our transformation. We are active participants in manifesting the will of God. We do this by yielding. Yielding is not easy, as Pastor Lizz reminded us. It is the “bitter” part of the Word, the dying to self. It is the conscious decision to let the Word of God win over your feelings, your logic, and your old habits. It is the choice to agree with God instead of your circumstances. Every time you choose to believe the Word over your feelings, you are yielding. Every time you lay aside a thought that doesn’t fit your new nature, you are yielding. Every time you rest in the finished work instead of striving in your own effort, you are yielding.

And as you yield, you grow. You grow in the knowledge and in the grace of our Lord Jesus Christ. This growth is not a struggle; it is an unfolding. It is the implanted seed of the Word, nourished by the truth, sprouting, growing, and bearing fruit in every area of your life. Change becomes inevitable. The newness of life that was deposited in your spirit at the new birth begins to saturate your soul and express itself through your body.

This is the effortless life of the new creation. It is a life lived from a place of rest, not striving. It is a life powered by His grace, not your grit. It is a life directed by the truth of your identity, not the turmoil of your circumstances. It is the life you were always meant to live. It is the good, and acceptable, and perfect will of God becoming your lived reality.

Conclusion: You Are Complete in Him

We began this journey with a question: “Is this all there is to the Christian life?” We end it with a resounding answer: No, there is so much more. There is a life of freedom, power, and rest available to every believer. It is a life free from the exhausting cycle of striving and performance, a life powered by the revelation of what has already been accomplished for you and in you.

Through the teachings we have explored, a clear and simple path has emerged. It is not a path of more effort, but of deeper knowledge. It is not a journey of becoming, but of awakening to who you already are. The core of this message is a call to shift your focus. Shift your focus from your problems to God’s constant provision. Shift your

focus from your behavior to your identity. Shift your focus from your weakness to His sufficient grace. Shift your focus from your unrenewed soul to your perfect spirit.

You are not a project under construction that God is trying to fix. You are a masterpiece, created in Christ Jesus, who is learning to see yourself as the Father sees you. You are complete in Him (Colossians 2:10). You lack nothing. The victory has been won. The price has been paid. The work is finished.

Your part now is to walk in the light of this truth. To be a reader and a learner of the Word. To be a gatekeeper of your mind. To be a person who agrees with God, no matter what your feelings or circumstances may say. As you do, you will find that the Christian life is not a struggle to be endured, but an adventure of discovery to be enjoyed. You will watch as the glorious reality of your new creation spirit transforms every area of your life from the inside out.

Cease from your own works and enter into His rest. You are a new creation. You are the righteousness of God. You are a beloved child of the Father. Now, go and live like it.